

Product name	Prone leg curl	Model	FH01
<b>Picture</b>			
			
<b>Technical description</b>	<ul style="list-style-type: none"> <li>● Main frame of small door: main frame of small door with large d-diameter</li> <li>● Appearance design: a new humanized design, which has been patented</li> <li>● Tube type: D tube 53 * 156 * t3mm, flat elliptical tube 50 * 100 * t3mm</li> <li>● Motion trajectory: smooth motion trajectory is more ergonomic</li> <li>● Guard board: high quality Q235 carbon steel plate and thickened acrylic</li> <li>● Handle decorative cover: made of aluminum alloy</li> <li>● Steel wire rope: About 6mm diameter high quality steel wire rope, made of 7 strands of 18 cores, wear-resistant, firm and not easy to break</li> <li>● Cushion: polyurethane foaming process, super fiber leather surface fabric, waterproof and wear-resistant, multi-color optional</li> <li>● Frame paint: Car grade paint baking process, bright color, long-term rust prevention</li> <li>● Pulley: high quality PA injection molding, high quality bearing, smooth rotation, no noise</li> </ul> <p><b>Prone Leg Curl</b>  <b>Size: L-1509 W-1077 H-1549mm N.W: 256kgs</b>  <b>Training position: gluteus (gluteus medius, gluteus maximus) leg (biceps femoris, adductor major, semitendinosus)</b></p>		

Product name	Leg extension	Model	FH02
<b>Picture</b>			
			
<b>Technical description</b>	<ul style="list-style-type: none"> <li>● Main frame of small door: main frame of small door with large d-diameter</li> <li>● Appearance design: a new humanized design, which has been patented</li> <li>● Tube type: D tube 53 * 156 * t3mm, flat elliptical tube 50 * 100 * t3mm</li> <li>● Motion trajectory: smooth motion trajectory is more ergonomic</li> <li>● Guard board: high quality Q235 carbon steel plate and thickened acrylic</li> <li>● Handle decorative cover: made of aluminum alloy</li> <li>● Steel wire rope: About 6mm diameter high quality steel wire rope, made of 7 strands of 18 cores, wear-resistant, firm and not easy to break</li> <li>● Cushion: polyurethane foaming process, super fiber leather surface fabric, waterproof and wear-resistant, multi-color optional</li> <li>● Frame paint: Car grade paint baking process, bright color, long-term rust prevention</li> <li>● Pulley: high quality PA injection molding, high quality bearing, smooth rotation, no noise</li> </ul> <p><b>Leg Extension</b>  <b>Size: L-1324 W-1231 H-1519mm N.W.:264kgs</b>  <b>Training position: quadriceps femoris, middle femoris, outer femoris and inner femoris</b></p>		

Product name	Leg press	Model	FH03
Picture			
			
<p style="text-align: center;">Technical description</p>	<ul style="list-style-type: none"> <li>● Main frame of small door: main frame of small door with large d-diameter</li> <li>● Appearance design: a new humanized design, which has been patented</li> <li>● Tube type: D tube 53 * 156 * t3mm, flat elliptical tube 50 * 100 * t3mm</li> <li>● Motion trajectory: smooth motion trajectory is more ergonomic</li> <li>● Guard board: high quality Q235 carbon steel plate and thickened acrylic</li> <li>● Handle decorative cover: made of aluminum alloy</li> <li>● Steel wire rope: About 6mm diameter high quality steel wire rope, made of 7 strands of 18 cores, wear-resistant, firm and not easy to break</li> <li>● Cushion: polyurethane foaming process, super fiber leather surface fabric, waterproof and wear-resistant, multi-color optional</li> <li>● Frame paint: Car grade paint baking process, bright color, long-term rust prevention</li> <li>● Pulley: high quality PA injection molding, high quality bearing, smooth rotation, no noise</li> </ul> <p><b>Leg Press</b>  <b>Size: L-1962 W-1089 H-1549mm N.W.:270kgs</b>  <b>Training position: quadriceps femoris</b></p>		
Product name	Lateral raise	Model	FH05

**Picture**



**Technical description**

- Main frame of small door: main frame of small door with large d-diameter
- Appearance design: a new humanized design, which has been patented
- Tube type: D tube 53 \* 156 \* t3mm, flat elliptical tube 50 \* 100 \* t3mm
- Motion trajectory: smooth motion trajectory is more ergonomic
- Guard board: high quality Q235 carbon steel plate and thickened acrylic
- Handle decorative cover: made of aluminum alloy
- Steel wire rope: About 6mm diameter high quality steel wire rope, made of 7 strands of 18 cores, wear-resistant, firm and not easy to break
- Cushion: polyurethane foaming process, super fiber leather surface fabric, waterproof and wear-resistant, multi-color optional
- Frame paint: Car grade paint baking process, bright color, long-term rust prevention
- Pulley: high quality PA injection molding, high quality bearing, smooth rotation, no noise

**Lateral Raise**

**Size: L-1262 W-1182 H-1549mm N.W.:227kgs**

**Training position: deltoid**

**Product name**

**Shoulder press**

**Model**

**FH06**

**Picture**



<p><b>Technical description</b></p>	<ul style="list-style-type: none"> <li>● Main frame of small door: main frame of small door with large d-diameter</li> <li>● Appearance design: a new humanized design, which has been patented</li> <li>● Tube type: D tube 53 * 156 * t3mm, flat elliptical tube 50 * 100 * t3mm</li> <li>● Motion trajectory: smooth motion trajectory is more ergonomic</li> <li>● Guard board: high quality Q235 carbon steel plate and thickened acrylic</li> <li>● Handle decorative cover: made of aluminum alloy</li> <li>● Steel wire rope: About 6mm diameter high quality steel wire rope, made of 7 strands of 18 cores, wear-resistant, firm and not easy to break</li> <li>● Cushion: polyurethane foaming process, super fiber leather surface fabric, waterproof and wear-resistant, multi-color optional</li> <li>● Frame paint: Car grade paint baking process, bright color, long-term rust prevention</li> <li>● Pulley: high quality PA injection molding, high quality bearing, smooth rotation, no noise</li> </ul> <p><b>Shoulder Press</b>  <b>Size: L-1324 W-1297 H-1549mm N.W.:249kgs</b>  <b>Training position: shoulder muscle group</b></p>
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<p><b>Product name</b></p>	<p><b>Pearl delt/pec fly</b></p>	<p><b>Model</b></p>	<p><b>FH07</b></p>
<p><b>Picture</b></p>			



**Technical description**

- Main frame of small door: main frame of small door with large d-diameter
- Appearance design: a new humanized design, which has been patented
- Tube type: D tube 53 \* 156 \* t3mm, flat elliptical tube 50 \* 100 \* t3mm
- Motion trajectory: smooth motion trajectory is more ergonomic
- Guard board: high quality Q235 carbon steel plate and thickened acrylic
- Handle decorative cover: made of aluminum alloy
- Steel wire rope: About 6mm diameter high quality steel wire rope, made of 7 strands of 18 cores, wear-resistant, firm and not easy to break
- Cushion: polyurethane foaming process, super fiber leather surface fabric, waterproof and wear-resistant, multi-color optional
- Frame paint: Car grade paint baking process, bright color, long-term rust prevention
- Pulley: high quality PA injection molding, high quality bearing, smooth rotation, no noise

**Rear Delta/Peck Fly**

**Size: L-1455 W-1072 H-2095mm N.W.:237kgs**

**Training site: posterior deltoid of latissimus dorsi and trapezius of biceps brachii**

<b>Product name</b>	<b>Vertical press</b>	<b>Model</b>	<b>FH08</b>
<b>Picture</b>			



**Technical description**

- Main frame of small door: main frame of small door with large d-diameter
- Appearance design: a new humanized design, which has been patented
- Tube type: D tube 53 \* 156 \* t3mm, flat elliptical tube 50 \* 100 \* t3mm
- Motion trajectory: smooth motion trajectory is more ergonomic
- Guard board: high quality Q235 carbon steel plate and thickened acrylic
- Handle decorative cover: made of aluminum alloy
- Steel wire rope: About 6mm diameter high quality steel wire rope, made of 7 strands of 18 cores, wear-resistant, firm and not easy to break
- Cushion: polyurethane foaming process, super fiber leather surface fabric, waterproof and wear-resistant, multi-color optional
- Frame paint: Car grade paint baking process, bright color, long-term rust prevention
- Pulley: high quality PA injection molding, high quality bearing, smooth rotation, no noise

**Vertical Press**

**Size: L-1425 W-1393 H-1549mm N.W.:248kgs**

**Training position: pectoralis major**

<b>Product name</b>	<b>Dip/chin assist</b>	<b>Model</b>	<b>FH09</b>
<b>Picture</b>			



**Technical description**

- Main frame of small door: main frame of small door with large d-diameter
- Appearance design: a new humanized design, which has been patented
- Tube type: D tube 53 \* 156 \* t3mm, flat elliptical tube 50 \* 100 \* t3mm
- Motion trajectory: smooth motion trajectory is more ergonomic
- Guard board: high quality Q235 carbon steel plate and thickened acrylic
- Handle decorative cover: made of aluminum alloy
- Steel wire rope: About 6mm diameter high quality steel wire rope, made of 7 strands of 18 cores, wear-resistant, firm and not easy to break
- Cushion: polyurethane foaming process, super fiber leather surface fabric, waterproof and wear-resistant, multi-color optional
- Frame paint: Car grade paint baking process, bright color, long-term rust prevention
- Pulley: high quality PA injection molding, high quality bearing, smooth rotation, no noise

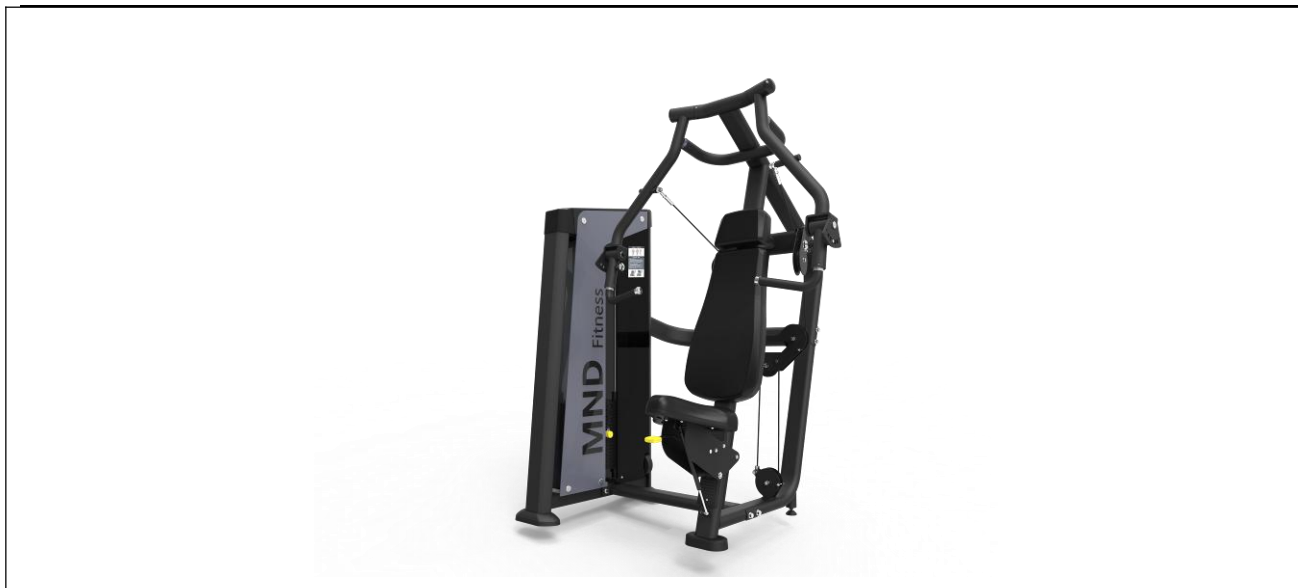
**Dip/Chin Assist**

**Size: L-1685 W-1123 H-2426mm N.W.:314kgs**

**Training position: biceps, triceps, pectoralis major and latissimus dorsi**

<b>Product name</b>	<b>Split push chest trainer</b>	<b>Model</b>	<b>FH10</b>
<b>Picture</b>			





<p><b>Technical description</b></p>	<ul style="list-style-type: none"> <li>● Main frame of small door: main frame of small door with large d-diameter</li> <li>● Appearance design: a new humanized design, which has been patented</li> <li>● Tube type: D tube 53 * 156 * t3mm, flat elliptical tube 50 * 100 * t3mm</li> <li>● Motion trajectory: smooth motion trajectory is more ergonomic</li> <li>● Guard board: high quality Q235 carbon steel plate and thickened acrylic</li> <li>● Handle decorative cover: made of aluminum alloy</li> <li>● Steel wire rope: About 6mm diameter high quality steel wire rope, made of 7 strands of 18 cores, wear-resistant, firm and not easy to break</li> <li>● Cushion: polyurethane foaming process, super fiber leather surface fabric, waterproof and wear-resistant, multi-color optional</li> <li>● Frame paint: Car grade paint baking process, bright color, long-term rust prevention</li> <li>● Pulley: high quality PA injection molding, high quality bearing, smooth rotation, no noise</li> </ul> <p><b>Split Push Chest Trainer</b>  <b>Size: L-1534 W-1283 H-1858mm N.W.:267kgs</b>  <b>Training position: pectoralis major</b></p>
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<p><b>Product name</b></p>	<p><b>Cable crossover</b></p>	<p><b>Model</b></p>	<p><b>FH16</b></p>
<p><b>Picture</b></p>			



**Technical description**

- Main frame pipe type: 50 \* 100 \* t3mm flat elliptical pipe
- Handle: engineering grade plastic material, safe, reliable and durable
- Motion trajectory: smooth motion trajectory is more ergonomic
- Handle decorative cover: made of aluminum alloy
- Steel wire rope: About 6mm diameter high quality steel wire rope, made of 7 strands of 18 cores, wear-resistant, firm and not easy to break
- Frame paint: Car grade paint baking process, bright color, long-term rust prevention
- Pulley: high quality PA injection molding, high quality bearing, smooth rotation, no noise

**Cabel Crssover**

**Size: L-4262 W-712 H-2360mm N.W.:325kgs**

**Training position: biceps pectoralis major, back muscle triceps**

<b>Product name</b>	<b>FTS glide</b>	<b>Model</b>	<b>FH17</b>
<b>Picture</b>			



**Technical description**

- Main frame pipe type: 50 \* 100 \* t3mm flat elliptical pipe
- Handle: engineering grade plastic material, safe, reliable and durable
- Motion trajectory: smooth motion trajectory is more ergonomic
- Guard board: front and rear translucent acrylic guard board, safety protection
- Steel wire rope: About 6mm diameter high quality steel wire rope, made of 7 strands of 18 cores, wear-resistant, firm and not easy to break
- Frame paint: Car grade paint baking process, bright color, long-term rust prevention
- Pulley: high quality PA injection molding, high quality bearing, smooth rotation, no noise

**FTS Glide**  
**Size: L-1890 W-1040 H-2300mm N.W.:396kgs**  
**Training position: chest and back muscles**

<b>Product name</b>	<b>Rotary torso</b>	<b>Model</b>	<b>FH18</b>
<b>Picture</b>			



**Technical description**

- Main frame of small door: main frame of small door with large d-diameter
- Appearance design: a new humanized design, which has been patented
- Tube type: D tube 53 \* 156 \* t3mm, flat elliptical tube 50 \* 100 \* t3mm
- Motion trajectory: smooth motion trajectory is more ergonomic
- Guard board: high quality Q235 carbon steel plate and thickened acrylic
- Handle decorative cover: made of aluminum alloy
- Steel wire rope: About 6mm diameter high quality steel wire rope, made of 7 strands of 18 cores, wear-resistant, firm and not easy to break
- Cushion: polyurethane foaming process, super fiber leather surface fabric, waterproof and wear-resistant, multi-color optional
- Frame paint: Car grade paint baking process, bright color, long-term rust prevention
- Pulley: high quality PA injection molding, high quality bearing, smooth rotation, no noise

**Rotary Torso**

**Size: L-1347 W-1336 H-1549mm N.W.:237kgs**

**Training position: lumbar and abdominal muscles**

<b>Product name</b>	<b>Abdominal machine</b>	<b>Model</b>	<b>FH19</b>
<b>Picture</b>			



**Technical description**

- Main frame of small door: main frame of small door with large d-diameter
- Appearance design: a new humanized design, which has been patented
- Tube type: D tube 53 \* 156 \* t3mm, flat elliptical tube 50 \* 100 \* t3mm
- Motion trajectory: smooth motion trajectory is more ergonomic
- Guard board: high quality Q235 carbon steel plate and thickened acrylic
- Handle decorative cover: made of aluminum alloy
- Regulator: it has 2.5kg micro weight adjustment, and it needs to be adjusted according to its own conditions during training
- Cushion: polyurethane foaming process, super fiber leather surface fabric, waterproof and wear-resistant, multi-color optional
- Frame paint: Car grade paint baking process, bright color, long-term rust prevention
- Pulley: high quality PA injection molding, high quality bearing, smooth rotation, no noise

**Abdominal Trainer**

**Size: L-1328 W-1290 H-1549mm N.W.:250kgs**

**Training position: abdominal muscles**

<b>Product name</b>	<b>Split shoulder selection trainer</b>	<b>Model</b>	<b>FH20</b>
<b>Picture</b>			



**Technical description**

- Main frame of small door: main frame of small door with large d-diameter
- Appearance design: a new humanized design, which has been patented
- Tube type: D tube 53 \* 156 \* t3mm, flat elliptical tube 50 \* 100 \* t3mm
- Motion trajectory: smooth motion trajectory is more ergonomic
- Guard board: high quality Q235 carbon steel plate and thickened acrylic
- Handle decorative cover: made of aluminum alloy
- Steel wire rope: About 6mm diameter high quality steel wire rope, made of 7 strands of 18 cores, wear-resistant, firm and not easy to break
- Cushion: polyurethane foaming process, super fiber leather surface fabric, waterproof and wear-resistant, multi-color optional
- Frame paint: Car grade paint baking process, bright color, long-term rust prevention
- Pulley: high quality PA injection molding, high quality bearing, smooth rotation, no noise

**Split shoulder selection trainer**  
**Size: L-1480 W-1267 H-1549mm N.W.:256kgs**  
**Training position: deltoid**

<b>Product name</b>	<b>Leg curl</b>	<b>Model</b>	<b>FH23</b>
<b>Picture</b>			



**Technical description**

- Main frame of small door: main frame of small door with large d-diameter
- Appearance design: a new humanized design, which has been patented
- Tube type: D tube 53 \* 156 \* t3mm, flat elliptical tube 50 \* 100 \* t3mm
- Motion trajectory: smooth motion trajectory is more ergonomic
- Guard board: high quality Q235 carbon steel plate and thickened acrylic
- Handle decorative cover: made of aluminum alloy
- Steel wire rope: About 6mm diameter high quality steel wire rope, made of 7 strands of 18 cores, wear-resistant, firm and not easy to break
- Cushion: polyurethane foaming process, super fiber leather surface fabric, waterproof and wear-resistant, multi-color optional
- Frame paint: Car grade paint baking process, bright color, long-term rust prevention
- Pulley: high quality PA injection molding, high quality bearing, smooth rotation, no noise.

**Leg Curl**  
**Size: L-1601 W-1235 H-1549m N.W.:217kgs**  
**Training position: biceps femoris, adductor major, semitendinosus**

<b>Product name</b>	<b>Glute isolator</b>	<b>Model</b>	<b>FH24</b>
<b>Picture</b>			



**Technical description**

- Main frame of small door: main frame of small door with large d-diameter
- Appearance design: a new humanized design, which has been patented
- Tube type: D tube 53 \* 156 \* t3mm, flat elliptical tube 50 \* 100 \* t3mm
- Motion trajectory: smooth motion trajectory is more ergonomic
- Guard board: high quality Q235 carbon steel plate and thickened acrylic
- Handle decorative cover: made of aluminum alloy
- Steel wire rope: About 6mm diameter high quality steel wire rope, made of 7 strands of 18 cores, wear-resistant, firm and not easy to break
- Cushion: polyurethane foaming process, super fiber leather surface fabric, waterproof and wear-resistant, multi-color optional
- Frame paint: Car grade paint baking process, bright color, long-term rust prevention
- Pulley: high quality PA injection molding, high quality bearing, smooth rotation, no noise.

**Glute Isolator**

**Size: L-1335 W-950 H-1549mm N.W.:209kgs**

**Training position: gluteus maximus**

<b>Product name</b>	<b>Abductor/Adductor</b>	<b>Model</b>	<b>FH25</b>
<b>Picture</b>			





<p><b>Technical description</b></p>	<ul style="list-style-type: none"> <li>● Main frame of small door: main frame of small door with large d-diameter</li> <li>● Appearance design: a new humanized design, which has been patented</li> <li>● Tube type: D tube 53 * 156 * t3mm, flat elliptical tube 50 * 100 * t3mm</li> <li>● Motion trajectory: smooth motion trajectory is more ergonomic</li> <li>● Guard board: high quality Q235 carbon steel plate and thickened acrylic</li> <li>● Handle decorative cover: made of aluminum alloy</li> <li>● Steel wire rope: About 6mm diameter high quality steel wire rope, made of 7 strands of 18 cores, wear-resistant, strong, not easy to break</li> <li>● Cushion: polyurethane foaming process, super fiber leather surface fabric, waterproof and wear-resistant, multi-color optional</li> <li>● Frame paint: Car grade paint baking process, bright color, long-term rust prevention</li> <li>● Pulley: high quality PA injection molding, high quality bearing, smooth rotation, no noise.</li> </ul> <p><b>Inner/Outer Thigh</b>  <b>Size: L-1481 W-826 H-1549mm N.W.:239kgs</b>  <b>Training position: internal, external and adductor femoris</b></p>
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<p><b>Product name</b></p>	<p><b>Seated Dip</b></p>	<p><b>Model</b></p>	<p><b>FH26</b></p>
<p><b>Picture</b></p>			



**Technical description**

- Main frame of small door: main frame of small door with large d-diameter
- Appearance design: a new humanized design, which has been patented
- Tube type: D tube 53 \* 156 \* t3mm, flat elliptical tube 50 \* 100 \* t3mm
- Motion trajectory: smooth motion trajectory is more ergonomic
- Guard board: high quality Q235 carbon steel plate and thickened acrylic
- Handle decorative cover: made of aluminum alloy
- Steel wire rope: About 6mm diameter high quality steel wire rope, made of 7 strands of 18 cores, wear-resistant, strong, not easy to break
- Cushion: polyurethane foaming process, super fiber leather surface fabric, waterproof and wear-resistant, multi-color optional
- Frame paint: Car grade paint baking process, bright color, long-term rust prevention
- Pulley: high quality PA injection molding, high quality bearing, smooth rotation, no noise.

**Seated Dip**

**Size: L-1286 W-1152 H-1549mm N.W.:223 kgs**

**Training position: triceps**

<b>Product name</b>	<b>Triceps Extension</b>	<b>Model</b>	<b>FH28</b>
<b>Picture</b>			



**Technical description**

- Main frame of small door: main frame of small door with large d-diameter
- Appearance design: a new humanized design, which has been patented
- Tube type: D tube 53 \* 156 \* t3mm, flat elliptical tube 50 \* 100 \* t3mm
- Motion trajectory: smooth motion trajectory is more ergonomic
- Guard board: high quality Q235 carbon steel plate and thickened acrylic
- Handle decorative cover: made of aluminum alloy
- Steel wire rope: About 6mm diameter high quality steel wire rope, made of 7 strands of 18 cores, wear-resistant, strong, not easy to break
- Cushion: polyurethane foaming process, super fiber leather surface fabric, waterproof and wear-resistant, multi-color optional
- Frame paint: Car grade paint baking process, bright color, long-term rust prevention
- Pulley: high quality PA injection molding, high quality bearing, smooth rotation, no noise.

**Triceps Extension**

**Size: L-1234 W-1182 H-1549mm N.W.:221kgs**

**Training position: triceps**

<b>Product name</b>	<b>Split High Pull Trainer</b>	<b>Model</b>	<b>FH29</b>
<b>Picture</b>			



<p><b>Technical description</b></p>	<ul style="list-style-type: none"> <li>● Main frame of small door: main frame of small door with large d-diameter</li> <li>● Appearance design: a new humanized design, which has been patented</li> <li>● Tube type: D tube 53 * 156 * t3mm, flat elliptical tube 50 * 100 * t3mm</li> <li>● Motion trajectory: smooth motion trajectory is more ergonomic</li> <li>● Guard board: high quality Q235 carbon steel plate and thickened acrylic</li> <li>● Handle decorative cover: made of aluminum alloy</li> <li>● Steel wire rope: About 6mm diameter high quality steel wire rope, made of 7 strands of 18 cores, wear-resistant, strong, not easy to break</li> <li>● Cushion: polyurethane foaming process, super fiber leather surface fabric, waterproof and wear-resistant, multi-color optional</li> <li>● Frame paint: Car grade paint baking process, bright color, long-term rust prevention</li> <li>● Pulley: high quality PA injection molding, high quality bearing, smooth rotation, no noise.</li> </ul> <p><b>Split High Pull Trainer</b>  <b>Size: L-1542 W-1178 H-2054mm N.W.:282kgs</b>  <b>Training position: teres major, teres minor and infraspinatus</b></p>
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<p><b>Product name</b></p>	<p><b>Camber Curl</b></p>	<p><b>Model</b></p>	<p><b>FH30</b></p>
<p style="text-align: center;"><b>Picture</b></p>			



**Technical description**

- Main frame of small door: main frame of small door with large d-diameter
- Appearance design: a new humanized design, which has been patented
- Tube type: D tube 53 \* 156 \* t3mm, flat elliptical tube 50 \* 100 \* t3mm
- Motion trajectory: smooth motion trajectory is more ergonomic
- Guard board: high quality Q235 carbon steel plate and thickened acrylic
- Handle decorative cover: made of aluminum alloy
- Steel wire rope: About 6mm diameter high quality steel wire rope, made of 7 strands of 18 cores, wear-resistant, strong, not easy to break
- Cushion: polyurethane foaming process, super fiber leather surface fabric, waterproof and wear-resistant, multi-color optional
- Frame paint: Car grade paint baking process, bright color, long-term rust prevention
- Pulley: high quality PA injection molding, high quality bearing, smooth rotation, no noise.

**Camber Curl**

**Size: L-1252 W-1231 H-1549mm N.W.:207kgs**

**Training position: biceps**

<b>Product name</b>	<b>Back Extension</b>	<b>Model</b>	<b>FH31</b>
<b>Picture</b>			



**Technical description**

- Main frame of small door: main frame of small door with large d-diameter
- Appearance design: a new humanized design, which has been patented
- Tube type: D tube 53 \* 156 \* t3mm, flat elliptical tube 50 \* 100 \* t3mm
- Motion trajectory: smooth motion trajectory is more ergonomic
- Guard board: high quality Q235 carbon steel plate and thickened acrylic
- Handle decorative cover: made of aluminum alloy
- Steel wire rope: About 6mm diameter high quality steel wire rope, made of 7 strands of 18 cores, wear-resistant, strong, not easy to break
- Cushion: polyurethane foaming process, super fiber leather surface fabric, waterproof and wear-resistant, multi-color optional
- Frame paint: Car grade paint baking process, bright color, long-term rust prevention
- Pulley: high quality PA injection molding, high quality bearing, smooth rotation, no noise.

**Back Extension**

**Size: L-1334 W-1062 H-1549mm      N.W.:237kgs**

**Training position: back muscle**

<b>Product name</b>	<b>Long Pull</b>	<b>Model</b>	<b>FH33</b>
<b>Picture</b>			



**Technical description**

- Main frame of small door: main frame of small door with large d-diameter
- Appearance design: a new humanized design, which has been patented
- Tube type: D tube 53 \* 156 \* t3mm, flat elliptical tube 50 \* 100 \* t3mm
- Motion trajectory: smooth motion trajectory is more ergonomic
- Guard board: high quality Q235 carbon steel plate and thickened acrylic
- Handle decorative cover: made of aluminum alloy
- Steel wire rope: About 6mm diameter high quality steel wire rope, made of 7 strands of 18 cores, wear-resistant, strong, not easy to break
- Cushion: polyurethane foaming process, super fiber leather surface fabric, waterproof and wear-resistant, multi-color optional
- Frame paint: Car grade paint baking process, bright color, long-term rust prevention
- Pulley: high quality PA injection molding, high quality bearing, smooth rotation, no noise.

**Long Pull**

**Size: L-1455 W-1154 H-1819mm N.W.:243kgs**

**Training position: trapezius, rhomboid and latissimus dorsi**

<b>Product name</b>	<b>Double Pull Back Trainer</b>	<b>Model</b>	<b>FH34</b>
<b>Picture</b>			



**Technical description**

- Main frame of small door: main frame of small door with large d-diameter
- Appearance design: a new humanized design, which has been patented
- Tube type: D tube 53 \* 156 \* t3mm, flat elliptical tube 50 \* 100 \* t3mm
- Motion trajectory: smooth motion trajectory is more ergonomic
- Guard board: high quality Q235 carbon steel plate and thickened acrylic
- Handle decorative cover: made of aluminum alloy
- Steel wire rope: About 6mm diameter high quality steel wire rope, made of 7 strands of 18 cores, wear-resistant, strong, not easy to break
- Cushion: polyurethane foaming process, super fiber leather surface fabric, waterproof and wear-resistant, multi-color optional
- Frame paint: Car grade paint baking process, bright color, long-term rust prevention
- Pulley: high quality PA injection molding, high quality bearing, smooth rotation, no noise.

**Double Pull Back Trainer**

**Size: L-1305 W-1265 H-1549mm**

**N.W.: 233kgs**

**Training position: back muscles**

<b>Product name</b>	<b>Lat pull down</b>	<b>Model</b>	<b>FH35</b>
<b>Picture</b>			





**Technical description**

- Main frame of small door: main frame of small door with large d-diameter
- Appearance design: a new humanized design, which has been patented
- Tube type: D tube 53 \* 156 \* t3mm, flat elliptical tube 50 \* 100 \* t3mm
- Motion trajectory: smooth motion trajectory is more ergonomic
- Guard board: high quality Q235 carbon steel plate and thickened acrylic
- Handle decorative cover: made of aluminum alloy
- Steel wire rope: About 6mm diameter high quality steel wire rope, made of 7 strands of 18 cores, wear-resistant, strong, not easy to break
- Cushion: polyurethane foaming process, super fiber leather surface fabric, waterproof and wear-resistant, multi-color optional
- Frame paint: Car grade paint baking process, bright color, long-term rust prevention
- Pulley: high quality PA injection molding, high quality bearing, smooth rotation, no noise.

**Lat Pull Down**

**Size: L-1701 W-1452 H-1934mm N.W.: 267kgs**

**Training position: back muscles (teres major, teres minor, infraganglia, trapezius, rhomboid major, latissimus dorsi)**

<b>Product name</b>	<b>Seated Calf</b>	<b>Model</b>	<b>FH93</b>
<b>Picture</b>			



**Technical description**

- Main frame of small door: main frame of small door with large d-diameter
- Appearance design: a new humanized design, which has been patented
- Tube type: D tube 53 \* 156 \* t3mm, flat elliptical tube 50 \* 100 \* t3mm
- Motion trajectory: smooth motion trajectory is more ergonomic
- Guard board: high quality Q235 carbon steel plate and thickened acrylic
- Handle decorative cover: made of aluminum alloy
- Steel wire rope: About 6mm diameter high quality steel wire rope, made of 7 strands of 18 cores, wear-resistant, strong, not easy to break
- Cushion: polyurethane foaming process, super fiber leather surface fabric, waterproof and wear-resistant, multi-color optional
- Frame paint: Car grade paint baking process, bright color, long-term rust prevention
- Pulley: high quality PA injection molding, high quality bearing, smooth rotation, no noise.

**Seated Calf**

**Size: L-1332 W-1065 H-1549mm N.W.: 205kgs**

**Training position: gastrocnemius and soleus**

<b>Product name</b>	<b>Flat bench</b>	<b>Model</b>	<b>FH36</b>
<b>Picture</b>			



**Technical description**

- Main frame pipe type: 50 \* 100 \* t3mm flat elliptical pipe
- Appearance and structure: new humanized design, in line with human Bioengineering
- Mobile wheel: mobile wheel is designed to facilitate the movement of equipment
- Cushion: polyurethane foaming process, super fiber leather surface fabric, waterproof and wear-resistant, multi-color optional
- Frame paint: Car grade paint baking process, bright color, long-term rust prevention

**Flat Bench**

**Size: L-1279 W-649 H-380mm N.W.: 20kgs**

<b>Product name</b>	<b>Adjustable Decline Bench</b>	<b>Model</b>	<b>FH37</b>
<b>Picture</b>			



**Technical description**

- Main frame pipe type: 50 \* 100 \* t3mm flat elliptical pipe
- Appearance and structure: new humanized design, in line with human Bioengineering
- Mobile wheel: mobile wheel is designed to facilitate the movement of equipment
- Cushion: polyurethane foaming process, super fiber leather surface fabric, waterproof and wear-resistant, multi-color optional
- Frame paint: Car grade paint baking process, bright color, long-term rust prevention
- Handle decorative cover: made of aluminum alloy

**Adjustable Decline Bench**  
**Size: L-1600 W-650 H-1071mm N.W.: 35kgs**  
**Training area: abdominal muscle**

<b>Product name</b>	<b>Multi-Purpose Bench</b>	<b>Model</b>	<b>FH38</b>
<b>Picture</b>			



<p><b>Technical description</b></p>	<ul style="list-style-type: none"> <li>● Main frame pipe type: 50 * 100 * t3mm flat elliptical pipe</li> <li>● Appearance and structure: new humanized design, in line with human Bioengineering</li> <li>● Mobile wheel: mobile wheel is designed to facilitate the movement of equipment</li> <li>● Cushion: polyurethane foaming process, super fiber leather surface fabric, waterproof and wear-resistant, multi-color optional</li> <li>● Frame paint: Car grade paint baking process, bright color, long-term rust prevention</li> </ul> <p style="margin-top: 20px;"><b>Multi-Purpose Bench</b>                  Size: L-1156 W-649 H-778mm N.W.: 25kgs</p>
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<b>Product name</b>	<b>Super Bench</b>	<b>Model</b>	<b>FH39</b>
<b>Picture</b>			



**Technical description**

- Main frame pipe type: 50 \* 100 \* t3mm flat elliptical pipe
- Appearance and structure: new humanized design, in line with human Bioengineering
- Mobile wheel: mobile wheel is designed to facilitate the movement of equipment
- Cushion: polyurethane foaming process, super fiber leather surface fabric, waterproof and wear-resistant, multi-color optional
- Frame paint: Car grade paint baking process, bright color, long-term rust prevention

**Super Bench**  
 Size: L-1319    W-649    H-511mm    N.W.: 36kgs

<b>Product name</b>	<b>Olympic Decline Bench</b>	<b>Model</b>	<b>FH41</b>
<b>Picture</b>			



**Technical description**

- Main frame pipe type: 50 \* 100 \* t3mm flat elliptical pipe
- Appearance and structure: new humanized design, in line with human Bioengineering
- Cushion: polyurethane foaming process, super fiber leather surface fabric, waterproof and wear-resistant, multi-color optional
- Frame paint: Car grade paint baking process, bright color, long-term rust prevention
- Handle decorative cover: made of aluminum alloy
- Hanging bar: stainless steel hanging bar, durable, not easy to rust
- Hook: the hook is covered with engineering plastic to effectively protect the surface of barbell bar

**Olympic Decline Bench**  
**Size: L-2119 W-1649 H-1280mm N.W.: 87kgs**

<b>Product name</b>	<b>Olympic Incline Bench</b>	<b>Model</b>	<b>FH42</b>
<b>Picture</b>			



**Technical description**

- Main frame pipe type: 50 \* 100 \* t3mm flat elliptical pipe
- Appearance and structure: new humanized design, in line with human Bioengineering
- Cushion: polyurethane foaming process, super fiber leather surface fabric, waterproof and wear-resistant, multi-color optional
- Frame paint: Car grade paint baking process, bright color, long-term rust prevention
- Hanging bar: stainless steel hanging bar, durable, not easy to rust
- Hook: the hook is covered with engineering plastic to effectively protect the surface of barbell bar

**Olympic Incline Bench**

**Size: L-1915 W-1654 H-1425mm N.W.: 92kgs**

**Product name**

**Olympic Flat Bench**

**Model**

**FH43**

**Picture**





**Technical description**

- Main frame pipe type: 50 \* 100 \* t3mm flat elliptical pipe
- Appearance and structure: new humanized design, in line with human Bioengineering
- Cushion: polyurethane foaming process, super fiber leather surface fabric, waterproof and wear-resistant, multi-color optional
- Frame paint: Car grade paint baking process, bright color, long-term rust prevention
- Hanging bar: stainless steel hanging bar, durable, not easy to rust
- Hook: the hook is covered with engineering plastic to effectively protect the surface of barbell bar

**Olympic Bench**

**Size: L-1740 W-1653 H-1280mm N.W.: 87kgs**

<b>Product name</b>	<b>Seated Preacher Curl</b>	<b>Model</b>	<b>FH44</b>
<b>Picture</b>			



**Technical description**

- Main frame pipe type: 50 \* 100 \* t3mm flat elliptical pipe
- Appearance and structure: new humanized design, in line with human Bioengineering
- Cushion: polyurethane foaming process, super fiber leather surface fabric, waterproof and wear-resistant, multi-color optional
- Frame paint: Car grade paint baking process, bright color, long-term rust prevention
- Hook: the hook is covered with engineering plastic to effectively protect the surface of barbell bar

**Seated Preacher Curl**  
**Size: L- 924 W- 934 H- 900mm N.W.: 49kgs**

<b>Product name</b>	<b>Roman Chair</b>	<b>Model</b>	<b>FH45</b>
<b>Picture</b>			



**Technical description**

- Main frame pipe type: 50 \* 100 \* t3mm flat elliptical pipe
- Appearance and structure: new humanized design, in line with human Bioengineering
- Mobile wheel: mobile wheel is designed to facilitate the movement of equipment
- Cushion: polyurethane foaming process, super fiber leather surface fabric, waterproof and wear-resistant, multi-color optional
- Frame paint: Car grade paint baking process, bright color, long-term rust prevention.

**Back Extension**

**Size: L-1121 W- 749 H- 757mm N.W.: 58kgs**

**Training position: psoas, gluteus and biceps femoris**

**Product name**

**Vertical Knee Up**

**Model**

**FH47**

**Picture**



**Technical description**

- Main frame pipe type: 50 \* 100 \* t3mm flat elliptical pipe
- Appearance and structure: new humanized design, in line with human Bioengineering
- Cushion: polyurethane foaming process, super fiber leather surface fabric, waterproof and wear-resistant, multi-color optional
- Frame paint: Car grade paint baking process, bright color, long-term rust prevention
- Handle decorative cover: made of aluminum alloy

**Vertical Knee Up**

**Size: L-1168 W-827 H-1587mm N.W.: 84kgs**

**Product name**

**Power Cage**

**Model**

**FH48**

**Picture**



**Technical description**

- Main frame pipe type: 50 \* 100 \* t3mm flat elliptical pipe
- Appearance and structure: new humanized design, in line with human Bioengineering
- Cushion: polyurethane foaming process, super fiber leather surface fabric, waterproof and wear-resistant, multi-color optional
- Frame paint: Car grade paint baking process, bright color, long-term rust prevention
- Handle decorative cover: made of aluminum alloy
- Hanging bar: stainless steel hanging bar, durable, not easy to rust
- Hook: the hook is covered with engineering plastic to effectively protect the surface of barbell bar
- Safety device: multi-level adjustable safety pole, safety protection for trainers of different heights

**Power Cage**

**Size: L-1616 W-1507 H-2292mm N.W.: 128 kgs**

<b>Product name</b>	<b>Squat Rack</b>	<b>Model</b>	<b>FH50</b>
<b>Picture</b>			



- Main frame pipe type: 50 \* 100 \* t3mm flat elliptical pipe
- Appearance and structure: new humanized design, in line with human Bioengineering
- Frame paint: Car grade paint baking process, bright color, long-term rust prevention
- Hanging bar: stainless steel hanging bar, durable, not easy to rust
- Hook: the hook is covered with engineering plastic to effectively protect the surface of barbell bar
- Safety device: fixed safety, safe and reliable

**Technical description**

**Squat Rack**  
**Size: L-1687 W-1585 H-1842mm N.W.: 97kgs**

**Product name**

**Olympic Seated Bench**

**Model**

**FH51**

**Picture**



**Technical description**

- Main frame pipe type: 50 \* 100 \* t3mm flat elliptical pipe
- Appearance and structure: new humanized design, in line with human Bioengineering
- Frame paint: Car grade paint baking process, bright color, long-term rust prevention
- Cushion: polyurethane foaming process, super fiber leather surface fabric, waterproof and wear-resistant, multi-color optional
- Hanging bar: stainless steel hanging bar, durable, not easy to rust
- Hook: the hook is covered with engineering plastic to effectively protect the surface of barbell bar
- Safety device: fixed safety, safe and reliable

**Olympic Seated Bench**  
**Size: L-1552 W-1331 H-1768mm N.W.: 103 kgs**

<b>Product name</b>	<b>Handle Rack</b>	<b>Model</b>	<b>FH53</b>
<b>Picture</b>			



**Technical description**

- Main frame pipe type: 50 \* 100 \* t3mm flat elliptical pipe
- Appearance and structure: new humanized design, in line with human Bioengineering
- Frame paint: Car grade paint baking process, bright color, long-term rust prevention

**Handle Rack**

**Size: L- 913 W- 710 H-1066mm N.W.: 48 kgs**

<b>Product name</b>	<b>Weight Plate Tree</b>	<b>Model</b>	<b>FH54</b>
<b>Picture</b>			





**Technical description**

- **Main frame pipe type: 50 \* 100 \* t3mm flat elliptical pipe**
- **Appearance and structure: new humanized design, in line with human Bioengineering**
- **Frame paint: Car grade paint baking process, bright color, long-term rust prevention**
- **Hanging bar: stainless steel hanging bar, durable, not easy to rust**

**Vertical Plate Tree**

**Size: L- 601 W- 585 H-1264mm N.W.: 27 kgs**

<b>Product name</b>	<b>Barbell Rack</b>	<b>Model</b>	<b>FH55</b>
<b>Picture</b>			



**Technical description**

- Main frame pipe type: 50 \* 100 \* t3mm flat elliptical pipe
- Appearance and structure: new humanized design, in line with human Bioengineering
- Frame paint: Car grade paint baking process, bright color, long-term rust prevention
- Hook: the hook is covered with engineering plastic to effectively protect the surface of barbell bar

**Barbell Rack**

**Size: L- 902 W- 800 H-1508mm N.W.: 66 kgs**

**Product name**

**Smith Machine**

**Model**

**FH63**

**Picture**



**Technical description**

- Main frame pipe type: D pipe 53 \* 156 \* t3mm, flat elliptical pipe 50 \* 100 \* t3mm
- Motion trajectory: smooth motion trajectory is more ergonomic
- Hanging bar: stainless steel hanging bar, durable, not easy to rust
- Insurance device: adjustable insurance, suitable for different height groups
- Frame paint: Car grade paint baking process, bright color, long-term rust prevention

**Smith Machine**  
 Size: L-2209 W-1272 H-2317mm N.W.:202kgs

<b>Product name</b>	<b>2 rows dumbbell rack</b>	<b>Model</b>	<b>FH49</b>
<b>Picture</b>			




**Technical  
description**

- **Main frame pipe type: 50 \* 100 \* t3mm flat elliptical pipe**
- **Appearance structure: new double-layer design, saving space**
- **Frame paint: Car grade paint baking process, bright color, long-term rust prevention**
- **Dumbbell fixation: Crescent tray, safe and reliable dumbbell placement**

**Dumbbell Rack**

**Size: L-2236 W-754 H-752mm N.W.: 83 kgs**

Product name	3 rows dumbbell rack	Model	FH72
<b>Picture</b>			
			
<b>Technical description</b>	<ul style="list-style-type: none"> <li>● Main frame pipe type: 50 * 100 * t3mm flat elliptical pipe</li> <li>● Appearance structure: a new three-layer design, saving space</li> <li>● Frame paint: Car grade paint baking process, bright color, long-term rust prevention</li> <li>● Dumbbell fixation: Crescent tray, safe and reliable dumbbell placement</li> </ul> <p style="text-align: center;"><b>Three Rows Dumbbell Rack</b>  <b>Size: L-2236 W-794 H-1070mm N.W.: 102 kgs</b></p>		

<b>Product name</b>	<b>Abdominal/Back Extension</b>	<b>Model</b>	<b>FH85</b>
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**Picture**



**Technical description**

- Main frame of small door: main frame of small door with large d-diameter
- Appearance design: a new humanized design, which has been patented
- Tube type: D tube 53 \* 156 \* t3mm, flat elliptical tube 50 \* 100 \* t3mm
- Motion trajectory: smooth motion trajectory is more ergonomic
- Guard board: high quality Q235 carbon steel plate and thickened acrylic
- Handle decorative cover: made of aluminum alloy
- Steel wire rope: About 6mm diameter high quality steel wire rope, made of 7 strands of 18 cores, wear-resistant, strong, not easy to break
- Cushion: polyurethane foaming process, super fiber leather surface fabric, waterproof and wear-resistant, multi-color optional
- Frame paint: Car grade paint baking process, bright color, long-term rust prevention
- Pulley: high quality PA injection molding, high quality bearing, smooth rotation, no noise.

**Abdominal/Back Extension Dual Function**  
**Size: L-1165 W-1115 H-1550mm N.W.:225kgs**  
**Training position: back muscle/Abdominal**

<b>Product name</b>	<b>Biceps/Triceps</b>	<b>Model</b>	<b>FH86</b>
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**Picture**



**Technical description**

- Main frame of small door: main frame of small door with large d-diameter
- Appearance design: a new humanized design, which has been patented
- Tube type: D tube 53 \* 156 \* t3mm, flat elliptical tube 50 \* 100 \* t3mm
- Motion trajectory: smooth motion trajectory is more ergonomic
- Guard board: high quality Q235 carbon steel plate and thickened acrylic
- Handle decorative cover: made of aluminum alloy
- Steel wire rope: About 6mm diameter high quality steel wire rope, made of 7 strands of 18 cores, wear-resistant, strong, not easy to break
- Cushion: polyurethane foaming process, super fiber leather surface fabric, waterproof and wear-resistant, multi-color optional
- Frame paint: Car grade paint baking process, bright color, long-term rust prevention
- Pulley: high quality PA injection molding, high quality bearing, smooth rotation, no noise.

**Biceps/Triceps Dual Function**  
**Size: L-1590mm W-1320mm H-2230mm N.W.:230kgs**  
**Training position: Biceps/Triceps**

<b>Product name</b>	<b>Leg Extension/Curl</b>	<b>Model</b>	<b>FH87</b>
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**Picture**



**Technical description**

- Main frame of small door: main frame of small door with large d-diameter
- Appearance design: a new humanized design, which has been patented
- Tube type: D tube 53 \* 156 \* t3mm, flat elliptical tube 50 \* 100 \* t3mm
- Motion trajectory: smooth motion trajectory is more ergonomic
- Guard board: high quality Q235 carbon steel plate and thickened acrylic
- Handle decorative cover: made of aluminum alloy
- Steel wire rope: About 6mm diameter high quality steel wire rope, made of 7 strands of 18 cores, wear-resistant, strong, not easy to break
- Cushion: polyurethane foaming process, super fiber leather surface fabric, waterproof and wear-resistant, multi-color optional
- Frame paint: Car grade paint baking process, bright color, long-term rust prevention
- Pulley: high quality PA injection molding, high quality bearing, smooth rotation, no noise.

**Leg Extension/Curl      Dual Function**

**Size: L-1400 W-1255 H-1550mm      N.W.:261kgs**

**Training position: leg muscle, quadriceps femoris, middle femoris, outer femoris and inner femoris**



<b>Product name</b>	<b>Chest/Shoulder press</b>	<b>Model</b>	<b>FH88</b>
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**Picture**



**Technical description**

- Main frame of small door: main frame of small door with large d-diameter
- Appearance design: a new humanized design, which has been patented
- Tube type: D tube 53 \* 156 \* t3mm, flat elliptical tube 50 \* 100 \* t3mm
- Motion trajectory: smooth motion trajectory is more ergonomic
- Guard board: high quality Q235 carbon steel plate and thickened acrylic
- Handle decorative cover: made of aluminum alloy
- Steel wire rope: About 6mm diameter high quality steel wire rope, made of 7 strands of 18 cores, wear-resistant, strong, not easy to break
- Cushion: polyurethane foaming process, super fiber leather surface fabric, waterproof and wear-resistant, multi-color optional
- Frame paint: Car grade paint baking process, bright color, long-term rust prevention
- Pulley: high quality PA injection molding, high quality bearing, smooth rotation, no noise.

**Chest/Shoulder press Dual Function**  
**Size: L-2315 W-1505 H-1550mm N.W.:264kgs**  
**Training position: back muscle/Abdominal**

<p><b>Product name</b></p>	<p><b>Pull Down/Long Pull(mid row)</b></p>	<p><b>Model</b></p>	<p><b>FH89</b></p>
<p align="center"><b>Picture</b></p>			
			
<p><b>Technical description</b></p>	<ul style="list-style-type: none"> <li>● Main frame of small door: main frame of small door with large d-diameter</li> <li>● Appearance design: a new humanized design, which has been patented</li> <li>● Tube type: D tube 53 * 156 * t3mm, flat elliptical tube 50 * 100 * t3mm</li> <li>● Motion trajectory: smooth motion trajectory is more ergonomic</li> <li>● Guard board: high quality Q235 carbon steel plate and thickened acrylic</li> <li>● Handle decorative cover: made of aluminum alloy</li> <li>● Steel wire rope: About 6mm diameter high quality steel wire rope, made of 7 strands of 18 cores, wear-resistant, strong, not easy to break</li> <li>● Cushion: polyurethane foaming process, super fiber leather surface fabric, waterproof and wear-resistant, multi-color optional</li> <li>● Frame paint: Car grade paint baking process, bright color, long-term rust prevention</li> <li>● Pulley: high quality PA injection molding, high quality bearing, smooth rotation, no noise.</li> </ul> <p><b>Pull Down/Long Pull(mid row)    Dual Function</b>  <b>Size: L-1610 W-1425 H-2150 mm    N.W.:268kgs</b>  <b>Training position: back muscle/Abdominal</b></p>		